

Delegation Discipline Regulations

PUERTO RICO OLYMPIC COMMITTEE

Delegation Discipline Regulations

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PREAMBLE

The Puerto Rico Olympic Committee must develop, promote, and safeguard the development and protection of the Olympic Movement and sports. Therefore, under this non-delegable duty, it is solely responsible for the participation of the Sports Delegation of the People of Puerto Rico in the Olympic Games, Pan American Games, Central American and Caribbean Games, and any other regional, continental, and global multi-sport competitions organized by the Puerto Rico Olympic Committee.

It is the purpose of the Puerto Rico Olympic Committee that each member of the Sports Delegation of the People of Puerto Rico respects and observes the rules and principles established by the International Olympic Committee, the Puerto Rico Olympic Committee, and each National and International Federation and that they fulfill the representation they hold with patriotic pride, human dignity, and maximum sporting effort.

It is established as the public policy of the Puerto Rico Olympic Committee to ensure that our Delegation includes the most outstanding and qualified representatives in each sport, event, and discipline.

PURPOSE

The purpose of this regulation is to establish the policy and rules to be followed by all members of the Puerto Rican Delegation from the moment they acquire the official nominee or national selection status, during the development of the Sports Games of the Olympic cycle, until their return to the country or place of residence.

CHAPTER I - LEGAL BASIS

This regulation is based on the authority emanating from Chapter IV of the Olympic Charter and Article 501 of the Constitution of the Puerto Rico Olympic Committee.

CHAPTER II - DEFINITIONS

The following terms, phrases, and acronyms shall have the meanings indicated below when used or referred to in this regulation.

- **A.** Athlete: a person who practices a high-performance sport and has been selected to represent Puerto Rico in a Delegation of the Puerto Rico Olympic Committee.
- B. Committee: Puerto Rico Olympic Committee or COPUR.

- **C.** Organizing Committee: The body of the competition's host country entrusted with the game organization.
- D. IOC: International Olympic Committee.
- E. NOC: National Olympic Committees.
- F. IF: International Federation.
- **G.** Delegation: Includes all participating athletes in the various events, officials, and any other person authorized by the Puerto Rico Olympic Committee as a delegation member.
- **H.** Sport Delegate: By appointment of the Federation, the person responsible for the represented sport and under the jurisdiction of the Chief of Mission.
- **I.** Department of High Performance (DAR): The Puerto Rico Olympic Committee's operational instrument in promoting and developing high-performance sports.
- **J.** Director of DAR: Person designated by the President of the Committee to act as the technical authority of the Delegation.
- **K.** The Executive: The administrative body of the Puerto Rico Olympic Committee, as referred to in Article 303 of the Constitution of the Puerto Rico Olympic Committee.
- L. Sexual Harassment: Unwanted, non-reciprocal, uncomfortable approaches that make the victim feel humiliated and demonstrate the power the harasser has over their victim. It is a unilateral act of coercion. It includes, among other things, unwanted hugs, gestures, massages, kisses, touches, and looks. It also manifests through undesired attitudes, expressions, and acts of belittlement based on gender or derogatory towards someone's sexual preference.
- **M.** Chief Medical Officer: The person designated by the President of the Committee to act as the highest authority in medical matters of the Delegation.
- **N.** Chief of Mission: The person designated by the President of the Committee to act as the highest authority of the Delegation.
- **O.** Members: Refers to the natural or legal persons who make up the Puerto Rico Olympic Committee, as provided in Article 201 of Chapter II of the Constitution of the Puerto Rico Olympic Committee.
- P. Mission: The administrative structure of the Puerto Rico Olympic Committee, which is the primary liaison with the Organizing Committees of each sports event. It will be responsible for accreditations, registrations, uniforms, transportation, the appointment of administrative officials, and discipline, among other administrative functions.
- **Q.** Officials: All members of the Delegation who perform a function other than that of an athlete (Chief of Mission, Sub Chief of Mission, Director of DAR, Chief Medical Officer, sports delegates, leaders, coaches, assistants, fitness trainers, property managers, therapists, mechanics, stablemen, medical personnel,

administrative and support staff, journalists, among others) and have been certified by COPUR for their role during the Games.

- **R.** General Assembly: The supreme body of the Puerto Rico Olympic Committee.
- **S.** President: President of the Puerto Rico Olympic Committee.
- **T.** Sub-Chief of Mission: The person designated by the President of the Committee to support the Chief of Mission's tasks.

To facilitate the reading of this regulation and avoid the constant repetition of gender references, the use of the masculine gender regarding any individual (e.g., in nouns such as President, vice president, director, member, officer, leader, mission chief, participant, athlete, judge, referee, jury member, attaché, candidate, staff, and in pronouns such as he or they) also implicitly includes the feminine gender, unless expressly stated otherwise. This writing style does not aim to imply the supremacy of one gender over another.

CHAPTER III - DELEGATIONS

ARTICLE 301: FRAME OF REFERENCE

As established by the Olympic Charter, National Olympic Committees (NOCs) are responsible for forming, organizing, and directing their respective delegations for the Olympic Games and regional, continental, and world multi-departmental competitions sponsored by the IOC. The NOC is solely responsible for deciding the registration of athletes proposed by the respective national federations. When selecting delegation members, the criteria should be based not only on an athlete's sporting performance but also on their ability to serve as an example to the youth of the country they represent.

COPUR must ensure that the registrations proposed by the national federations comply with the Olympic Charter in all aspects, demanding that athletes and officials understand that they must respect the Olympic Charter and the regulations of the respective International Federation. Furthermore, they must commit specifically to the following:

- Respect the physical and moral integrity and the dignity of all participants.

- Respect the spirit of sportsmanship and non-violence and behave accordingly on the field of play.

- Refrain from using prohibited substances and procedures, respecting the World Anti-Doping Code.

- Respect the Olympic Movement Code on the Prevention of Competition Manipulation.

- Comply with provisions regarding advertising, commercial propaganda, and the use of images.

ARTICLE 302: DELEGATION COMPOSITION

The Delegation will consist of athletes who have been previously classified and approved by their respective federations, recommended by the Department of High Performance (DAR), and finally certified by the Executive, as well as officials who will accompany the athletes to support them in their preparation, during, and after their competition.

ARTICLE 303: RESPONSIBILITIES OF DELEGATION MEMBERS

Delegation members (athletes and officials), according to the functions indicated in this document, shall be fully responsible for strict compliance with this regulation, as well as compliance with the provisions established by international sports authorities and the Organizing Committee to guarantee internal discipline in the Olympic Village and in all sports venues where the Games are held.

ARTICLE 304: HIERARCHICAL ORDER

The following hierarchical order is established for the delegations of the Puerto Rico Olympic Committee in international competitions:

- 1. President of the Puerto Rico Olympic Committee
- 2. Chief of Mission
- 3. Sub-Chief of Mission
- 4. Director of the Department of High Performance
- 5. Chief Medical Officer
- 6. Delegate per Sport
- 7. Athletes and officials

ARTICLE 305: CHIEF OF MISSION

The Chief of Mission is responsible for the conduct of all Delegation members from the moment they enter an Olympic village, residence, or hotel until the conclusion of the Games or their return to Puerto Rico, whichever occurs last. In fulfilling their responsibility as the official representative of the Delegation, the Chief of Mission must follow the guidelines of the Olympic Charter, the Organizing Committee's regulations, Regional Bodies, International Federations, and COPUR.

The Chief of Mission will have a support team based on the size of the Delegation, as stipulated by the organizing body of the competition.

ARTICLE 306: FUNCTIONS OF THE CHIEF OF MISSION

The Chief of Mission will be the primary liaison with the Organizing Committee, establishing or coordinating practice schedules, meal times, rest periods, medical attention, transportation to practices and competitions, and transportation to and from the host country.

They may assign a Daily Officer and take administrative and disciplinary measures to facilitate the best performance of the athletes and ensure the good conduct of the entire Delegation. In performing their duties, they will collaborate with the designated support staff, as well as the members of the Executive and other officials of the Delegation. Among their specific functions are:

- 1. Presiding over and directing the Delegation from departure to return to the country.
- 2. Representing the Delegation at official events.
- 3. Daily authorization of visitors and press passes for entry into the Olympic Village.
- 4. Attending daily meetings of Chiefs of Mission convened by the Organizing Committee.

5. Convening daily meetings with sports delegates, the Department of High-Performance Director, and the Chief Medical Officer to coordinate the Delegation's work.

6. Coordinating with the President and Secretary-General of COPUR to develop a protocol program for attending national authorities at the Games, from arrival to return to the country.

7. Within thirty (30) days after the event, prepare a detailed report that includes administrative, economic, and disciplinary aspects, with the advice of the director of the Department of High Performance, the Chief Medical Officer, and sports delegates.

8. Assuming responsibility for the Delegation, including disciplinary matters, with the collaboration of the sports delegates.

9. Establishing distribution schedules for meals, training sessions, transfers, exits, special permits, etc., for delegation members housed in the Village.

10. Establishing and ensuring compliance with provisions regarding the use of uniforms and insignia and attendance at official events during the Games.

11. Organizing the Delegation's Parade.

12. Assigning and managing accommodation for each member based on the specific requirements of each sport.

13. Organizing transportation following the provisions of the Organizing Committee.

14. Organizing the arrival and departure of delegations from their respective airports, including transportation and official aspects of registration and accreditation.

15. Ensuring strict compliance with the rules established within the Village by the Organizing Committee.

16. Daily inspection of facilities assigned to the Delegation, advised by the Chief Medical Officer of the Delegation.

17. Attending the Chief of Mission seminar organized by the Organizing Committee.

ARTICLE 307: POWERS OF THE CHIEF OF MISSION

The Chief of Mission shall have primary responsibility for the Delegation and shall have full authority to make any necessary decisions to maintain, strengthen, or improve the Delegation's performance.

ARTICLE 308: FUNCTIONS OF THE SUB-CHIEF OF MISSION

The Sub-Chief of Mission shall have the following functions:

- 1. Carry out the tasks entrusted to them by the Chief of Mission to ensure the smooth progress of the Delegation in sports and administrative matters and suggest corrective measures.
- 2. Replace the Chief of Mission in their absence.

ARTICLE 309: DIRECTOR OF THE DEPARTMENT OF HIGH PERFORMANCE

The Director of the Department of High Performance shall oversee all technical and sports matters of the Delegation. Their functions include:

- 1. Provide technical advice and support to the Chief of Mission in the execution of their tasks.
- 2. Prepare a Technical Report on the national participation results in the Games.
- 3. Control and ensure the availability of all technical documentation of the Delegation in coordination with the sports delegates.
- 4. Prepare and submit the daily program for consideration by the Chief of Mission.
- 5. Supervise the execution of daily activities.
- 6. Attend the Chief of Mission seminar organized by the Organizing Committee or, if not available, make a prior visit to the competition venue to facilitate technical information to participating federations.
- 7. Organize and carry out the evaluation process of national participation.
- 8. Report the technical results from competitions, teams, and athletes daily to the Chief of Mission.

ARTICLE 310: CHIEF MEDICAL OFFICER

The Chief Medical Officer shall oversee all medical matters of the Delegation. They will oversee a group of doctors and paramedical staff not directly linked to a sport. Their functions include:

- 1. Develop the work program for the medical team.
- 2. Assume responsibility for the medical control of athletes before the Games, collaborating in the designation of the medical team profile.
- 3. Coordinate daily with the Chief of Mission and sports delegates on the necessary measures to achieve the best performance of their functions.
- 4. Determine the physical availability of an athlete to participate in case of injury, illness, indisposition, or other conditions requiring medical intervention.
- 5. Daily supervision of all aspects related to the health conditions of venues, meals, beverages, etc.
- 6. Establish a schedule and personnel assignment for different sports to access medical first aid at various competition venues.
- 7. Coordinate the medical services provided by the Village, including ambulances and others, to provide adequate care to delegation members.
- 8. Be aware and promptly informed of the activities carried out by the medical personnel under their orders and report any occurrences to the Chief of Mission.
- 9. Provide a daily medical report on the treatments performed and issues within their competence.
- 10. Establish the itinerary for daily medical assistance and determine the on-call doctor for each night, which will be included in the daily program.
- 11. Recommend appropriate measures to ensure delegation members' best health conditions and physical state.
- 12. Be responsible for the inventory and storage of medicines.

ARTICLE 311: SPORTS DELEGATE

Each Federation that has athletes for the Games' events and disciplines shall appoint a Sports Delegate, who shall be responsible to the Chief of Mission for the conduct, both in and out of competition, of the athletes and officials representing their Federation.

The Sports Delegate is responsible for the sport they represent and is under the jurisdiction of the Chief of Mission. In case of illness or unavoidable absence, they shall be replaced by the next person in the hierarchical order. Their functions include:

- 1. Informing the Chief of Mission and the director of the Department of High Performance about the performance of their athletes and coaches and any acts of indiscipline by the athletes.
- 2. Attending preparatory meetings and the relevant sports congress to safeguard the sports interests of the Delegation and its athletes. They should also attend administrative and technical meetings called by the Chief of Mission in the Village.

- 3. Immediately upon arrival in the host city, formalize the registration of their athletes in the different events and inform the competition schedules and required transportation.
- 4. Coordinate all administrative and technical matters related to the participation of their sports discipline, such as transportation, meals at competition venues, etc.
- 5. Make any necessary claims to the corresponding authorities following the rules of their sport, immediately reporting them to the Chief of Mission and the Director of the Department of High Performance.
- 6. They may submit a technical complaint or protest in the case of a competition or match, but they cannot formalize, finalize, or continue with such complaint without the approval of the Chief of Mission.
- 7. Under no circumstances can they withdraw a team or athlete from the competition without the approval of the Chief of Mission.
- 8. Ensure that the sports fields or venues are secured for their athletes' training sessions and practices and ensure the timely presentation of athletes in the events or competitions they are registered for.
- 9. Coordinate and report daily to the Chief of Mission, Chief Medical Officer, and Director of the Department of High Performance on the health status of their athletes and medical needs.
- 10. Exercise authority over all athletes and officials of the Delegation in matters related to their sports discipline.
- 11. Offer suggestions to the Chief of Mission and the Department of High-Performance Director to improve the Delegation's stay in the Village.
- 12. Receive and deliver, following the inventory, the furniture the Organizing Committee provided during the Village stay.
- 13. Receive and distribute the equipment to the athletes of their Federation and ensure its proper use following established rules.

ARTICLE 312: OTHER OFFICIALS

The Delegation may be composed of other support officials as required by COPUR and the participating sports in the competition, within the quota of officials established by the Organizing Committee of the Games. These may include the following: leaders, coaches, assistants, fitness trainers, therapists, property managers, administrative and medical staff, journalists, stablemen, and mechanics, among others.

ARTICLE 313: PARTICIPATION OF ATHLETES

Determining who can or cannot participate in a specific event or discipline is at the discretion of the technical officials responsible for the athlete or a particular team once they are part of the Delegation. However, no athlete may participate in an event or discipline for which they have not been previously registered or officially entered by the Chief of Mission.

In case an athlete suffers an injury, illness, discomfort, or other condition requiring medical intervention, the Chief Medical Officer will determine the athlete's physical availability to participate. It is also specified that no one has the authority to override the medical assessment.

Only the Chief of Mission is authorized to withdraw an athlete from the competition once they have been registered.

ARTICLE 314: OBLIGATIONS OF ATHLETES

Each athlete must meet the technical excellence requirements established by their respective Federation and those set by the Puerto Rican Olympic Committee to protect the best interests of Puerto Rican sports and promote progress and development in the field.

Every athlete must undergo a complete medical evaluation at the Sports Health Center in Salinas or the Olympic House facilities. In addition, they must report any medical conditions, medication they are taking, supplements, and sports drinks.

If an athlete is taking any medication or substance, they must inform the medical staff before the start of their competition. If the substance is prohibited or restricted by the National Anti-Doping Agency (WADA), they must request a therapeutic use exemption (TUE) and ensure it is requested twenty-one (21) days before the competition. The athlete is responsible for everything they consume.

Follow the measures recommended by the medical staff of the Delegation to prevent the spread of infectious diseases, which may include handwashing, maintaining distance from potentially infected individuals, and wearing masks in areas where many people gather or in medical facilities.

Each athlete must submit to the Puerto Rican Olympic Committee all the documentation and information required by the Committee or Chief of Mission.

ARTICLE 315: ACCOMMODATION

The Delegation must reside in the official accommodations designated for that purpose, except for those who, according to regulations, cannot be housed in those places.

Spaces	Activity	Preventive Actions
	Physiotherapy treatment and medical consultations	Publicly display the schedule for the use of the room.

To prevent sexual harassment situations, the following criteria will be used:

Spaces	Activity	Preventive Actions
		Do not lock the door of the room during its use.
Offices	Meetings between technicians. Meetings with athletes Meetings with other adults	Do not lock the offices during their use.
-	during a training camp	Rooms for minors shall be shared. Control visits by the Sports Delegate. The COPUR will ensure the application of similar standards as mentioned for training camps, according to the room assignments made by the Organizing Committees

ARTICLE 316: CLOTHING

- 1. COPUR is exclusively authorized to determine the clothing and uniform to be worn and the materials to be used by members of its Delegation for the Olympic Games, regional multi-sport competitions, and other related events in which it participates, following the Olympic Charter rules.
- 2. COPUR will timely provide the Delegation members with official clothing, which will serve as a distinctive symbol of our national representation compared to other Delegations. This attire will be based on the position held by each member according to their functions.
- 3. Delegation members must wear the clothing the Head of Mission ordered for various activities. This includes not only official events but also throughout the duration of the Games.
- 4. No member of the Delegation may wear a uniform different from the assigned one, nor may they alter its design or add advertising patches or any other form of advertisement to the official uniform.
- 5. The competition uniform must comply with the regulations of the International Federation and/or the corresponding sports entities and must be submitted for approval by the President of COPUR.

ARTICLE 317: GENERAL PROVISIONS

All members of the Delegation, from their appointment until their return to the country, must:

- Have full responsibility and a commitment to honor their abilities and align their behaviors with the athlete's moral rules and the ethical principles of Olympism, showing the utmost interest and making the greatest effort to achieve a dignified performance befitting their position.
- 2. Strictly comply with these regulations, the specific general instructions given by the Head of Mission, and all provisions related to training, competitions, medical checks, and administrative obligations.
- 3. Display behavior that fully adheres to the official symbols of our nationality and all aspects that represent the culture of our country.
- 4. Respect the rights and well-being of others and refrain from discriminating, mistreating, harassing, or intimidating other athletes, officials, volunteers, and participants in the sports environment.
- 5. Maintain a dignified presence, taking care of their appearance at all times and respecting the instructions regarding clothing in each case.
- 6. Strictly adhere to the established program and the scheduled times for each activity, always being present with the necessary anticipation.
- 7. Respect the decisions of the judges, jurors, and sports referees, the highest authorities in the competitions, even if they disagree with their judgment. If necessary, formal administrative procedures and relevant claims will be pursued.
- 8. Facilitate coordination with the medical staff (schedules, urgent requirements, etc.), as this will promote better attention to all consultations.
- 9. Only allow family members or any person outside the Delegation to stay in the Olympic Village or training venues with explicit authorization from the Head of Mission.
- 10. It is strictly prohibited for athletes and officials to make statements to the press and on social media that go beyond their area of action or respective function, referring to other athletes, officials, and/or institutions. This rule applies from the national pre-selection phase until the evaluation of participation in the competition.
- 11. Show respect to the personnel, volunteers, and all officials attending the Delegation, especially those from the Organizing Committee.

- 12. Comply with the rules established by COPUR, sports authorities, and the Organizing Committee regarding the use of social media. Furthermore, using social media to publish comments and/or matters related to third parties will not be permitted.
- 13. Alcohol consumption is not allowed at any time during the Games.
- 14. Betting with money or providing insider information about the various sports activities of the competition is strictly prohibited.
- 15. The rules established in the Olympic Village must be respected.
- 16. Unauthorized leaving of the Olympic Village, regardless of the cause, no matter how insignificant or momentary, is not allowed. Authorized collective outings by the coaching staff must be coordinated with the Head of Mission.
- 17. The facilities, beds, dormitories, sanitary services, transportation, equipment, furniture, tableware, materials, etc., must be taken care of to the utmost.
- 18. Avoid expressing political, religious, or racial opinions. These factors can be highly sensitive for the host country and other team members.

ARTICLE 318: MEDICAL PROVISIONS

- 1. Exercise the utmost care with the food and beverages you consume, always under the control and guidance of responsible individuals.
- 2. Allocate the necessary hours for rest and sleep. These must be strictly followed as they are also part of your preparation. During overnight trips, try to sleep for at least six (6) hours.
- 3. Ensure that the clothing worn is appropriate for the prevailing climate. Excessive or insufficient protection from the weather can cause disorders or injuries that affect performance. In addition, inappropriate footwear can affect the feet and support structures.
- 4. Inform the medical staff of any minor disorder or injury you experience. Treating it early makes it easier to resolve, and following the prescribed treatment strictly is necessary.
- 5. Take all precautions to avoid accidents.
- 6. Use free time appropriately. It should be exclusively dedicated to participating in the Games (planning, preparation, adjustments, recovery).
- 7. Maintain good interpersonal relationships with leaders, coaches, officials, and teammates.
- 8. Monitor weight daily to observe signs of dehydration.

9. Be mindful of the quantity of food consumed. Maintain a diet similar to your routine and avoid consuming unfamiliar products. Meals must be taken two or three hours before or after training sessions and competitions.

CHAPTER IV - CAUSES FOR DISCIPLINARY PROCEEDINGS

ARTICLE 401: The following shall be causes for disciplinary proceedings:

- 1. Violations of constitutional and/or regulatory provisions, resolutions, or orders of the Puerto Rican Olympic Committee, the International Olympic Committee, sports authorities, IFs, and the Organizing Committee.
- 2. Displaying indecent, undisciplined, and/or detrimental behavior to the best interests of sports within and outside the sports competition area in sports-related activities.
- 3. Discriminating against, mistreating, harassing, or intimidating other athletes, officials, volunteers, and other participants in the sports environment.
- 4. Use of stimulant narcotics included in the list compiled by the World Anti-Doping Agency (WADA). Athletes shall undergo controls and medical examinations following the regulations of the IOC Medical Commission, COPUR, the National Anti-Doping Agency (PRADO), and/or the Organizing Committee. No member of a Puerto Rican Olympic Committee Delegation may refuse to undergo tests ordered by the Olympic Committee.
- 5. Alcoholic beverage consumption in the Olympic Village or Athletes' Village without authorization or in a competition venue, practice, or training location.
- 6. Being absent from the dormitory after bedtime while concentrating on training or competition.
- 7. Engaging in commercial activities within the Delegation without the approval of the Puerto Rican Olympic Committee.
- 8. Engaging in political-party activities highlighting their athlete status.
- 9. Initiating or provoking fights; willfully interfering with the rest of other delegation members; using obscene, vulgar, and offensive language against another member of the Puerto Rican Olympic Committee, the Delegation, an athlete from another country, or a referee, judge, or competition official, within and outside the sports competition area and in activities related to sports or not.
- 10. Failure to wear the official parade and/or competition uniform in an official activity where it is required. The use of commercials or other advertising on the uniform and/or equipment athletes use in competition, discipline, or any event.
- 11. Engaging in acts of sexual harassment, as defined above.
- 12. Any athlete who, after being selected to be part of a delegation, refuses, without justified cause, to participate in a competition endorsed by the Puerto Rican Olympic Committee shall be subject to disciplinary sanctions. Just cause shall be understood to include the following:
 - a) Illness of the athlete duly accredited by a medical certificate issued by a physician appointed by the President.

- b) Death or serious illness of a relative within the third degree of consanguinity of the athlete, such as mother, father, spouse, child, or sibling, or of another person closely related to the athlete, which, in the judgment of the President, justifies it.
- c) The athlete's participation in the international competition could seriously harm their studies.

CHAPTER V - DISCIPLINARY PROCEDURE

ARTICLE 501: JURISDICTION

This regulation shall apply to any complaint received during the celebration of the Games, whether at the main venue or any sub-venue. Furthermore, it shall apply to athletes, officials, and other individuals who are part of the COPUR Delegations and their staff regarding acts during the gatherings and sports events in which COPUR teams and/or Delegations participate.

ARTICLE 502: WAYS TO INITIATE THE PROCEDURE

The disciplinary procedure, subject to this regulation, begins with filing a voluntary complaint in the Office of the Head of Mission, either through verbal or written communication by the complainant or any person aware of the situation. If the communication is made verbally, its subsequent written ratification shall be sought whenever possible. To facilitate such communication, COPUR has an email account under **mision@copur.pr**, which the Head of Mission will manage. The procedure may also be initiated when the Head of Mission becomes aware of the facts through either means previously stated. In this case, the Head of Mission shall issue an Order to Show Cause.

When the complaint relates to sexual harassment, the Head of Mission shall immediately notify the President of COPUR and initiate the process of gathering information by interviewing the affected individuals, i.e., the complainant, the respondent, and witnesses. The investigation shall be conducted with confidentiality, promptness, prudence, and the utmost sensitivity and respect for all parties involved.

According to the seriousness of the matter raised, the Head of Mission may take the necessary measures for the immediate safety of the alleged victim.

ARTICLE 503: NOTIFICATION

Before filing a complaint, any person shall notify each one of the respondents with a copy of the complaint and submit to the Head of Mission verifiable evidence of such notification along with the filing of the complaint.

The respondent may or may not respond in writing to the Complaint or Order before the case hearing, although this shall not be considered an essential part of the procedure.

When the process is initiated by an Order to Show cause issued by the Head of Mission, a copy of such order shall be notified to the Delegation member, the respondent. In addition, the order issued by the Head of Mission may be personally notified by phone or email to the respondent and to the Delegation's Sports Delegate to which the respondent belongs.

ARTICLE 504: HEARING

If the complaint has been filed with the Head of Mission or if the Head of Mission has issued an Order to Show Cause, the hearing shall be held within twenty-four (24) hours before a Commission composed of the Head of Mission, who shall preside, one (1) Delegate per Sport, and one (1) participating athlete, appointed by the Head of Mission. The Head of Mission may appoint someone as the Examining Officer. In these cases, the Examining Officer shall submit a summary of the case and their recommendations, including any evidence received, to the Commission.

Complaints involving sexual harassment shall be addressed by a Commission composed, subject to availability, of the President of COPUR and two (2) members of the Executive Committee. If they are unavailable, the President of COPUR shall appoint the members of said Commission from the available human resources within the organization.

During the hearing, both the complainant and the respondent shall have the opportunity to present testimonials and/or documentary evidence supporting their position. If desired, they may appear with legal representation.

The Commission hearing the complaint may hold meetings and make decisions by referendum, teleconference, videoconference, or any other suitable electronic means. The commission shall decide within forty-eight (48) hours of the hearing.

In exceptional situations, the Executive Committee may provisionally suspend a Delegation member and deprive them of participation and all or part of their inherent rights, privileges, and functions.

The respondent may waive the hearing, leaving the case for resolution based on the written submissions and the evidence on record.

ARTICLE 505: APPEAL

The resolution issued by the Commission during the participation in the Games may be appealed to the Executive within ten (10) days following the return of the Delegation to Puerto Rico. The decision issued shall take effect immediately and shall remain in force until the appeal process is concluded.

CHAPTER VI - SANCTIONS

ARTICLE 601: SANCTIONS

For the commission of any of the disciplinary proceedings mentioned above, the Commission may:

- 1. Dismiss the case for considering that no violation occurred.
- 2. Impose sanctions that may range from a reprimand, separation from the Delegation, and suspension, all following the seriousness of the offense, based on a fair judgment, considering each case's aggravating or mitigating circumstances.

ARTICLE 602: EFFECTS OF SANCTION

The imposed sanction shall affect any activity organized by the Committee or any of its Federations or under their sponsorship.

The Puerto Rican Olympic Committee may notify the relevant governmental authorities and/or any international organization with jurisdiction over the accused individual of any imposed sanction for the purposes that may be relevant.

CHAPTER VII - INTERPRETATION

ARTICLE 701: INTERPRETATION

This regulation shall be interpreted following the Constitution of the Puerto Rican Olympic Committee, which shall govern in all matters not expressly provided herein and shall prevail over it in case of conflict.

CHAPTER VIII - EFFECTIVENESS

ARTICLE 801: EFFECTIVENESS

This regulation shall take effect when the Puerto Rican Olympic Committee approves it in a plenary session.

CERTIFICATION

I CERTIFY that the foregoing is a true and accurate copy of the DELEGATION REGULATIONS approved by the Executive of the Puerto Rican Olympic Committee and ratified by the Puerto Rican Olympic Committee at its regular plenary meeting held on June 7, 2023.

Curlos J. Berhak CARLOS BELTRAN SVELTI

Secretary-General