



Cabo Verde 2017
CPV NOV

M-Olympics
Gender Equality in Sports
Project Report, December 2017

M-Olympics – Executive Summary



Description

It is a project that emerged as a follow-up to the CPV project, "VerdeOlympics", which was pre-selected by the IOC as an case study for the Knowledge Exchange platform. Based in a "sports4life" Platform it was possible for us to undergo a Sports for Development project base on gender equality as an action plan on the Women and Sports Forum made in March 2017.

Objectives

Stimulate and promote women's inclusion at all levels of sport throughout the country.
Increase the number of women in sports leadership in Cape Verde.

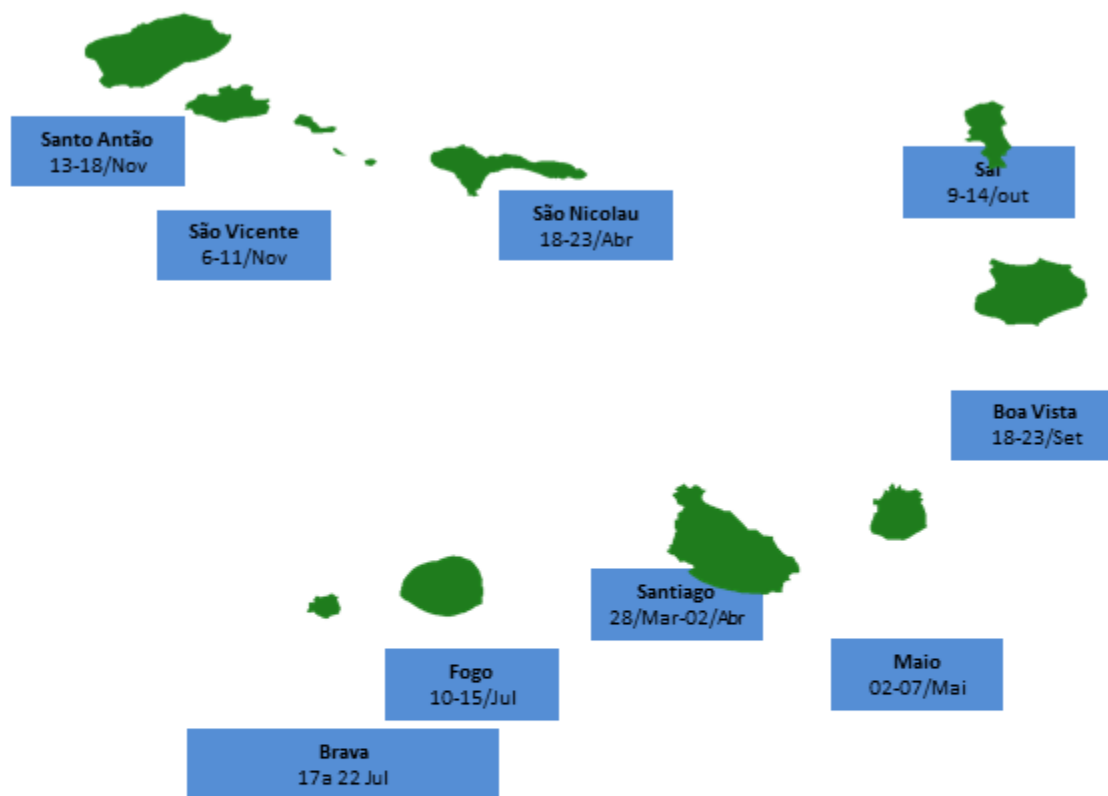
Target

Intended for all sports managers, sports coaches, entertainers and all those involved in sports organizations.

Structure

Five-day workshop was held in all the islands of the country, followed by a mega sporting event with various sports modalities performed by the trainees.

M-Olympics



Dia 1	Dia 2	Dia 3	Dia 4	Dia 5	Dia 6
Valores e movimento olímpico	Liderança e Empoderamento feminino	Egualdade e Equidade de Género	Modulo complementar	Marketing e Promoção	M- Olympics Evento
Jogos Olímpicos	Recursos Humanos		Preparar Propostas	Preparação Evento	



FINAL EVENTS

Desportos	Santo Antão	São Vicente	São Nicolau	Sal	Maio	Santiago	Fogo	Brava
Football	X	x	X	x	X	x	X	X
Handball	X	X	X	X	X	X	X	X
Tenis	X	X	X	X	X	X	X	X
Volleyball	X	X	X	X	X	X	X	X
Basketball	X	X	X	X	X	X	X	X
Tradicional Sports	X	X	X	X	X	X	X	X
Gymnastics	-	X	X	-	X	X	X	X
Athletics	X	X	X	-	X	x	X	X
Table Tennis	-	X	X	-	X	X	X	X
Surf	-	-	-	X	-	X	X	X
Beach Voleibol	-	-	-	X	-	X	X	X
Dança	X	X	X	X	X	X	X	X
Capoeira	X	-	-	-	X	X	-	-
Karaté	x	X	x	-	x	X	-	X
Sports	9	11	11	9	12	12	11	11
Workshop Participants	15	15	30	14	24	29	23	12
# Children	+450	350	+600	400	250	1200	350	+350

RESULTS



Workshop

8 (eight) workshop with duration of 5 (five) days was carried out in all the islands, being 1 in each island.

Facilitator

11 (eleven) of the 20 Train-the-Trainers facilitators had direct participation in the project, facilitating the workshops on their islands.

Workshop Participants

176 people, including 83 women and 93 men, received this training

Final Events

Of the 8 (eight) events held were gathered more than 4,000 (four thousand) children and 86 sports were practiced throughout the country.

LOCAL PARTNERSHIPS



Institution	Organization
City hall	Logistics and Materials
School Sports Delegation	Logistics, Materials and Human Resources
Sports Federations	Logistics and Materials
Sports Association	Materials and Human Resources
Clubs	Human Resources
Red Cross	Human Resources
Fire Departements	Human Resources
Police Departements	Human Resources



KEY LEARNINGS



1. Use of adapted material / Recycled
2. Creation of a vast network of contacts (Facilitators / Focal Points)
3. Awakening in the woman the interest to apply for positions of sports leadership
4. More than 4000 children practiced about 12 sports (for each island)
5. Replication of the event at national level



Santo Antão



São Vicente



São Nicolau





Maio



Santiago, Tarrafal



Fogo



Brava





M-Olympics

Select here to see the
VIDEO